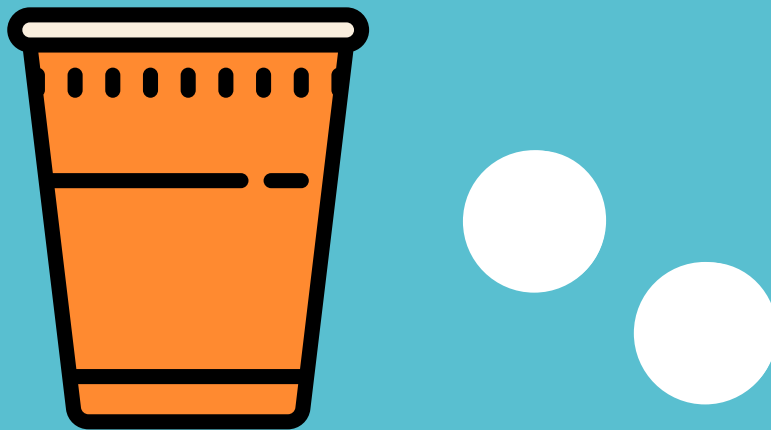


Ping Pong Ball Catch

Materials Needed: plastic cup(s) and ping pong balls (or any small object that will fit in the cup)



Have your children toss the ball to a partner and try to catch it in the cup. Start out close together and keep taking a step backwards to increase the challenge.

For a single player, they can simply throw the ball in the air and try to catch it!